5th Annual Walk for Sobriety | June 17, 2017 | 8AM | NTC Park at Liberty Station

WWW.WALKFORSOBRIETY.COM

Location: **2455 Cushing Road, San Diego, CA 92106**
NTC Park in Liberty Station is located behind the Liberty Station shops at the intersection of Roosevelt Road & Cushing Road. We'll be to the right of the light blue gun statues.

Directions
Find your way to Rosecrans St. and continue on until you hit the Roosevelt Road traffic light. Turn toward Liberty Station and carry on until it dead ends at Cushing Road. Specific directions can be found HERE.

Parking Suggestions
Though parking is plentiful, please look for designated NTC Park spots along Cushing Road.

Pre-Registration and Check-In
Pre-registration is strongly encouraged and will close on Thursday, June 15 at 11:59pm. Registering in advance ensures that you will receive a 2017 t-shirt in the size of your choice and gives you more time to enjoy the festivities! Once you arrive, head straight to SIGN IN to check-in and collect your t-shirt. Though we will have a master list of registrants, we strongly encourage you to print your confirmation email and/or ticket.

On-Site Registration
Didn't get a chance to register in advance? No problem! **We will be opening day-of registration on Saturday at 8:00am. We accept cash, credit, and checks (made payable to McAlister Institute).** If you would like to expedite the process, please complete this form and bring it with you on the day of the event. Registration is $35 for adults and $5 for children 12 and under. T-shirts will be available on a first-come, first-serve basis.

Timing
This is a fun-run, so we will not be timing the race. It's up to you to bring the competitive element! Our route is two laps, so you can take on as much – or as little – of the course as you'd like.

Volunteering
Helping hands are always appreciated. To donate your time and talent, please complete our Volunteer Form at https://goo.gl/forms/f3RjH5es0mzGBlEi1.

Celebrate Sobriety
Show the world why sobriety is worth celebrating by wearing the number of days you have clean and sober and what it means to you. Even if you're not in recovery, share why you're a supporter or wear the number of someone you love. Find out how many days you will be celebrating at: http://www.timeanddate.com/date/duration.html.

What to Bring
In addition to your smiling face, we suggest bringing:
- Cash for raffle tickets, food truck treats, and donations ☺
- Your friends and family and anyone who supports you (babies, puppies, and dogs included!)
- Your colleagues and your clients!
- Arts & crafts supplies to share for making sobriety signs
- Anything you need to be comfy outside (e.g., sunscreen, a hat, snacks, and comfortable, close-toed shoes).
- Your camera

Note: We will not have a gear check, so please plan to travel light or leave all valuables at home. McAlister Institute and NTC Park do not assume responsibility for lost or stolen items.

Tentative Schedule of Events for Saturday Morning

8:00	Day-of registration opens
8:00	Check-in, registration, raffle, good times*
8:00	Community resource expo with 30+ agencies
9:00	Opening ceremony emceed by KyXy's Tommy Sablan & our very own Jeanne McAlister
9:10	Team huddle, group photo & official kickoff
9:20	3.11 miles of waterfront fun
9:40	Music, dancing, games, and fun
10:25	Last call for silent auction & raffle
10:30	Closing ceremony, prizes, and special appearances!

****Good Times Include (But Are Not Limited to):***
- Celebration Station: customize your "celebration sign" and head to the Pixster photo booth for a team photo or a solo photoshoot. Help us go viral by sharing your pictures with the hashtag **#WalkForSobriety**!
- Music, dancing, and carnival games
- Gourmet Food Trucks
- Recovery Resource Fair featuring 30+ partner agencies
- **ALL RED EVERYTHING!** Show your spirit and make this the best #RedDay yet! Bring your favorite red accessories – tutus, wigs, boas, sneakers – you name it! Go wild!

Please direct all questions to Marisa.Varond@McAlisterInc.org

3.11 miles of 5 kilometers of fun brought to you by our amazing sponsors
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